



NATE MITCHELL

Executive Co-Director, Anasazi Foundation

Nate Mitchell, LAC is co-executive director at Anasazi Foundation, a nonprofit wilderness therapy program in Mesa Arizona. He has been with Anasazi since 2010 and prior to his current position, has worked as a therapist as well as Clinical Director. He earned his Bachelor of Fine Arts degree in acting from Brigham Young University and a master's degree in mental health counseling from the University of Phoenix. Prior to joining the team at Anasazi, Nate worked as a therapist at a Utah-based therapeutic boarding school (where he developed the school's drama therapy program), a psychiatric clinical assistant, and an adolescent life coach at a residential treatment center.

Nate was born and raised in Springfield, Oregon and currently lives in Queen Creek, Arizona where he and his wife Amy are the enthusiastic parents of five busy children. His passions include going on adventures with his family, carving wooden spoons and being outside as often as possible.